Following is a list of dental service contractors and companies that offer dental insurance coverage in Washington State. The appearance of a company on this list does not constitute an endorsement of an insurance company or its policies by the Washington State Health Care Authority or Basic Health. This list may not represent all companies currently selling dental insurance.

Dental Health Services, Inc.	Regence BlueShield (Dental One)
936 N. 34 <sup>th</sup> St., Ste. 208	1800 Ninth Ave.
Seattle, WA 98103	P.O. Box 21267
1	
Groups (2 plus) and individuals	Seattle, WA 98111
1-800-248-8108	Individuals 1-888-344-5594
	Groups 1-800-653-1125 (5 plus with medical
	plan, 10 plus without medical plan)
Kaiser Dental Care Program (for employers	Washington Dental Service
only; no individual coverage)	P.O. Box 75688
500 NE Multnomah, Ste. 100	Seattle, WA 98175
Portland, OR 97232-2099	Groups only (5 plus)
Parts of Cowlitz, Lewis, and Wahkiakum counties	1-800-554-1907
Large groups (50 plus): 503-813-4607	206-522-1300
Small groups (1-49): 1-800-813-2630	
Oman groups (1 10). 1 303 313 2003	
Premera Blue Cross	Willamette Dental
P.O. Box 34315	14025 SW Farmington Rd.
Seattle, WA 98124	Beaverton, OR 97005
	Groups (10 plus)
	1-800-360-1909
	1-000-300-1303

There are also options for dental services on a sliding-fee schedule. You might want to check out the Community Health Services Web site (www.chs.hca.wa.gov) for a community dental clinic near you.

Other options include the following:

## **DENTAL HYGIENE SCHOOLS**

- Clark College in Vancouver, 360-992-2158
- Columbia Basin College, 509-547-0511 ext. 2295
- Eastern Washington University in Spokane, 509-368-6510
- Lake Washington Technical College in Kirkland, 425-739-8130
- Pierce College at Ft. Steilacoom, 253-964-6695
- Shoreline in Edmonds, 206-546-4711
- Yakima Valley Community College, 509-574-4920

**LOCAL DENTAL SOCIETY** (look in your phone book) for:

- Referrals to dental offices taking new patients
- Offices offering payment plans

HOSPITAL EMERGENCY ROOMS FOR PAIN

